

ICE SKATING @ THE RECPLEX



ENJOY THE FUN!

TIPS



WEAR THINNER, LONG SOCKS FOR A BETTER SKATE FIT.



DRESS APPROPRIATELY SUCH AS SWEATPANTS OR ATHLEISURE-WARE. SNOW PANTS CAN BE BENEFICIAL FOR KIDS BUT ARE NOT REQUIRED. COATS OR SWEATSHIRTS ARE RECOMMENDED.



WEARING GLOVES, ESPECIALLY FOR BEGINNERS, IS HELPFUL.



FOR 4 YEARS AND UNDER, A HELMET IS RECOMMENDED. BIKE HELMETS ARE FINE.



SKATE AIDS ARE AVAILABLE AT THE RINK ON A FIRST COME, FIRST SERVE BASIS.



RECREATIONAL SKATES (SIMILAR TO FIGURE SKATES) WILL BE TRUE TO SIZE. HOCKEY SKATES WILL BE 2 SIZES SMALLER THAN SHOE SIZE.

Interested in becoming a better ice skater, check out our Learn to Skate program!