



## Open Freestyle Etiquette and Rules

Basic rules governing all behavior of coaches, skaters, parents/guardians, and spectators. The purpose of these guidelines is to ensure the safety and to provide the best possible skating experience for each skater on the ice during Open Freestyle skating sessions.

Along with the following stated rules, please always:

1. Respect the rights of others.
2. Respect the arena's property and the property of others.
3. Pick up all belongings from the ice rink and bench areas (including dirty tissues, water cups, bottles, etc.) at the end of the session.

### Prohibited

All:

- Being verbally abusive to other skaters or coaches.
- Parents, skaters, coaches not in the session or other spectators should not loiter at the rail or benches. This is unsafe and it interferes with a constructive training session.
- No breakable or open containers are allowed rink side. Drinks are allowed on or below the railing. Food is not permitted near the rail or on the ice.

Skaters/Coaches:

- Deliberately challenging, scaring or intentionally blocking another skater.
- Kicking, digging holes, scraping or stomping the ice with your blades and kicking the railings.
- Standing on the ice to talk to someone – this should be done off-ice.
- Headphone use while on the ice.

Parents/Guardians/Spectators:

- Videotaping another student other than your own skater is strictly prohibited.
- Coaching from the bleachers or gates will **not** allowed at any time.

### Payment of Open Freestyle

Skaters must pay for each session before stepping on to the ice.

### **Awareness of other skaters**

All coaches and skaters, regardless of experience or level, must stay aware of other skaters on the ice.

- Be understanding if someone gets in your way.
- Skaters coming toward each other should try to move to the right in order to avoid collisions.
- Remember to look both ways before leaving the railing or skating across the ice.
- Keep moving while on the ice, as it is dangerous for you, other skaters and coaches to stand still during a session. It is especially important not to stop in the middle of the ice or any of the jumping corners.

### **Music**

- While headphone use on the ice is strictly prohibited, use of hand-held music devices that have a speaker is allowed.

### **Coaching Guidelines**

- Coaches are asked to teach at or very near the boards (out of traffic patterns) as much as possible except when skating with or demonstrating to a student, when using the harness or with beginning skaters to ensure safety.
- While teaching programs to skaters, coaches should refrain as much as possible from skating a majority or entire program with their skaters.
- Coaches must be wearing skates when on the ice.

### **Clearing the Ice**

- When the Zamboni doors open, all skaters and coaches must leave the ice immediately. If you are skating to your music, please stop skating immediately, turn off music and clear the ice – no exceptions.

### **Consequences for not complying with above rules**

- Violation of any of the above rules may result in a verbal warning, removal from Open Freestyle skating session, up to and including removal from the facility.